

Suddenly... slimmer!

Now
Long and lean!

Jenny Powers, 45

Before

FIRST dressed six readers of all shapes and sizes in the season's most slenderizing styles!

Rectangle shape?
Pick a crisscross top

Wrap-style shirts are perfect for boxy beauties, says stylist Ali Levine, who has worked with Holly Robinson Peete and Sally Kirkland. The crisscross design accentuates the bust while a large floral print enhances curves. Pairing with dark-wash denim and strappy wedges makes legs look longer.
GET THE LOOK: Elodie top, \$15, T.J.Maxx stores; Mavi Adriana Petite Jeans, \$49, JJPetite.com; Spartina 449 Round Locket Necklace, \$60, Spartina449.com; Aerosoles Plush Around Sandals, \$79, Aerosoles.com

Your best spring shaper
A layering tank

The middle panel of the Yummie Stephanie 2-way Tank (\$34, YummieLife.com) sucks in the tummy while the ultrathin tank fits under any top, bulk-free.

Your best swimsuit
Colorblocking stripes

Curved stripes on a dark background visually whittle the waist while drawing the eye vertically for a tall, trim silhouette.
FIRST PICK: Lands' End, \$69 (LandsEnd.com, Women's AquaSport Polyester One Piece Suit in Deep Sea/Electric Blue)

Read on for strategies that will trim inches from your body type. Plus, your most flattering swimsuit—found!

Pear shape?
Wear a boatneck dress

"Boatneck tops with horizontal stripes 'broaden' shoulders, and a bright cardi keeps focus up top," says stylist Samantha Brown, who has dressed Candice Bergen and Faith Ford. Plus, vertical stripes below the waist pull the eye up and down to minimize wide hips.
GET THE LOOK: NorthStyle Cotton Knit Shrug, \$40, NorthStyle.com; L.L.Bean Seersucker Sleeveless Dress Stripes, \$109, LLBean.com; Isabelle handbag, \$25, T.J.Maxx stores; Old Navy Canvas Pumps, \$35, OldNavy.com; Guess Coral FH Earrings, \$22, Macys.com

Your best spring shaper
Long boy shorts

Vanity Fair Body Sleeks Slipshort (\$20, VanityFairLingerie.com) are a breathable Spandex blend that trims hips sans sticking.

Your best swimsuit
Knotted swim dress

A swirling print adds optical volume to the bust while gathered fabric below drapes over hip and belly bulges.
FIRST PICK: Mazu Swim, \$106 (MazuSwim.com, Twist Knot Slimming Women's Plus Size Empire Swimdress)

Now
Perfectly Proportioned!

Oona Abrams, 42

Before

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Now

Whittled middle!

Theresa Jacobsellis, 52

Before



Apple shape? Choose a blouse + cropped cardi

Two keys to visually trimming the belly, from stylist Ali Levine: First, choose a blouse with an open neckline and a linear pattern, which pulls the eye down to elongate the body. Then layer on a bright open sweater that hits at the waist, creating a column down the center to taper the torso. For bonus slimming, add a dangling necklace and dark fitted jeans.

GET THE LOOK: NorthStyle Cotton Knit Shrug, \$40, NorthStyle.com; Cabi Confetti Cami, \$79, CabiOnline.com; Loft Modern Skinny Crop Jeans, \$70, Loft.com; Michael Kors wedges, \$70, T.J.Maxx stores; Vince Camuto Javelin Pendant, \$48, VinceCamuto.com; Arizona Sleeping Beauty Turquoise White Topaz Bracelet, \$93, ShopLC.com

Your best spring shaper A bra-style cami

Shapeez The Tankee Long in Nude (\$89, Shapeez.com; enter FIRST10 at checkout for a 10 percent discount) features a built-in underwire bra to boost the bust and lightweight Spandex to smooth over any bulges in the belly, love handles and back for a trimmer, more shapely silhouette.



Your best swimsuit A ruched "wrap"

Ruching details on a wrap-style swimsuit help visually whittle the middle while tricking the eye into seeing a flatter stomach. What's more, a V-neck and flirty paisley print keep the eye moving vertically for a body-elongating, slimming effect.



FIRST PICK: Boden, \$90 (BodenUSA.com, Wrap Front Swimsuit in Multi Paisley)

Curvy? Try a patterned A-line dress

A breezy belted A-line dress is a magical slimming solution for buxom beauties looking to bring out their hourglass shape! The reason: "Dresses that cinch in with a tie that hits about 2 inches below the rib cage help highlight the smallest part of the body, and a slightly flowy skirt skims over trouble spots," says celebrity stylist Samantha Brown. Especially flattering: spring's floral prints! The blooms cleverly disguise belly lumps and bumps.

GET THE LOOK: ModCloth Authentic Influence A-Line Dress, \$65, ModCloth.com; Touchstone Crystal by Swarovski Ice Bracelets, \$89 each, TouchstoneCrystal.com; Guess Harana wedges, \$89, Zappos.com

Your best spring shaper High-waisted shorts

Jockey Staycool High Waisted Thigh Shaper in Light (\$42, Jockey.com) offers smoothing control from waist to knee while its breathable, moisture-wicking fabric regulates skin's temperature for stay-cool style even on hot days. Bonus: Rubber waistband grippers prevent the dreaded roll-down effect.



Your best swimsuit A flowy tankini

A tankini top with linear detail below the bust visually cinches in the waist while the full skirt conceals any confidence-sapping jiggles. Plus, a small-scale diagonal print optically stretches the torso for a more statuesque look.



FIRST PICK: L.L.Bean, \$120 (LLBean.com, Tie-Back Tankini Print and Mid-Rise Skort Print, both in Bright Sapphire Mosaic)

Now

Sleek and slim!

Zenobia Dewely, 44



Before



Now
**Beautifully
balanced!**

Alison
Kero, 42

Before

Top-heavy? Opt for wide-leg pants

Three reasons white wide-leg pants (one of spring's biggest trends) are a busty girl's best friend: The roomy leg offsets a full chest, the bright hue pulls attention away from a big bust and the long hem stretches the body for head-to-toe slim. For added wow: "A dark top streamlines the silhouette while buttons down the middle direct the eye vertically to slim," says stylist Ali Levine. "Finish with platform sandals to add height *and* pizzazz!" **GET THE LOOK:** Merona Tank, \$18, Target.com; Nautica Wide-Leg Pant, \$128, Nautica.com; Aldo Olivarra Heels, \$80, AldoShoes.com; Spartina 449 Beaded Horseshoe Earrings, \$26, Barrel Toggle Bracelet, \$32, Luxe Bead Bracelet, \$58, Spartina449.com; Guess Skin Is In Bracelet, \$30, Macys.com

Your best spring shaper A double layer minimizer

Olga Sheer Leaves Lace Full-Figure Full-Coverage Minimizer Bra in French Toast (\$36, Kohls.com) features two layers of fabric that work together to contain a larger chest—and reduce the bust by at least one cup size! Another benefit for warmer days: The layers' lightweight fabric offers maximum support *without* causing you to break a sweat.



Your best swimsuit A halter + molded cups

Halter-style swimsuits are designed to hold the weight of a heavier bust while molded cups provide extra support to keep the bosom in place. Plus, a pretty ombré design and waist-cinching ruching direct the eye down, away from the chest. **FIRST PICK:** Lands' End, \$129 (LandsEnd.com, Slender Tunic One Piece Swimsuit in Electric Blue Ombré)



Ruler? Slip into a wrap dress

All it takes to fake feminine curves in an instant is a swingy wrap dress. "The nipped-in-at-the-waist design and the movement of a flowy skirt create the illusion of a shapely hourglass form," says stylist Samantha Brown. What's more? Layering a bold jewel-toned wrap dress with a thin cardigan in a lighter color adds flattering volume on top, and strappy heels bring out the sexy shape of calves. **GET THE LOOK:** ModCloth Charter School Cardigan, \$40, ModCloth.com; Beyond by Ashley Graham Dress, \$54, DressBarn.com; Touchstone Crystal by Swarovski Chanelle Necklace, \$89, Birthstone Necklace, \$39, TouchstoneCrystal.com; Anne Klein Ileana heels, \$90, Zappos.com

Your best spring shaper A lacy padded bra

To optimize curves, try the Wacoal Embrace Lace Petite Push Up Underwire Bra in Sand (\$52, Wacoal-America.com). This style has removable inserts that allow you to customize the amount of va-va-voom you want, and lacy side panels ensure heat won't get trapped—so you can say bye-bye to boob sweat!



Your best swimsuit Illusion panels

A swimsuit with a horizontal pattern down the center and dark panels on the sides gives the illusion of a curvy silhouette. And metal detailing down the center of the bust separates the chest for the appearance of two fuller cups. **FIRST PICK:** Croft & Barrow, \$88 (Kohls.com, Striped Tummy Slimmer One-Piece Swimsuit)



Now
**Hourglass
curves!**

Christine Yu, 40

Before